EUDEMONIA

ARTISTIC SHEET

Dedicated to Paola Bianchini

A SHOW BY & WITH
Chiara Tosti

LIGHTING DESIGN
Théo Longuemare

ARTISTIC RESIDENCIES
Teatro del Lemming • Home Centro Coreografico

PUPPET CREATION
Mariella Carbone

PRODUCTION
Compagnia Fabula Saltica

Eudaimonia n. f.

[from the Greek εὐδαιμονία, der. of εὐδαίμων "happy", comp. of εὖ "good" and δαίμων "daemon; destiny"]

An ancient Greek term referring to a form of happiness that goes beyond mere pleasure or momentary satisfaction. It represents a fulfilled and authentic life, achieved through the realization of one's potential and the pursuit of virtue.

Eudaimonia indicates happiness as the ultimate goal of existence. But what happens when our inner daemon stands between us and the possibility of being happy?

Eudemonia is a physical and emotional journey that explores the body, identity, the double, reflection, truth, and lies. A show that seamlessly blends contemporary dance and figure theatre to tell an intimate yet universal story.

> *"Who manipulates whom? The dancer's body and the puppet's blend, chase, and challenge each other in a continuous tension between dominance and submission. As the author writes in her diary: 'It's as if I had two personalities... I feel like a puppet in her hands.'"*

But there is a way out. Eudemonia leaves the spectator with the awareness that one can make peace with one's demons. That one can live again.

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